



Price List

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or call **060 526 0434**

<https://healingbodytherapy.co.za>





It is Well with You

Aromatherapeutic 'Stress Relief Massage' Gentle & Relaxing

One of the most popular complimentary forms of therapy in the world. Aromatherapy can be used to calm, detoxify and relax your body. It also cleanses the system from all toxins and impurities.

R 180 – 30 mins

R 380 – 1 hour

R 480 – 1 hour 30 mins

Sports Massage 'Firm Vigorous & Revitalising'

Deep tissue massage to soothe and invigorate muscles before and after a workout. This form of massage is good to release deep muscle pain.

R 80 – 15 mins

R 180 – 30 mins

Swedish Massage

Deep, invigorating, relaxing and strong hand massage which will make a difference in circulation, Lymph cleansing and draining all toxins via the digestive system and through the pores. Extremely relaxing as well as de-stressing.

R 85 – 15 mins

R 180 – 30 mins

R 380 – 1 hour

R 480 – 1 hour 30 mins

African Head Massage

R 85 – 15 mins

R 180 – 30 mins



Brazilian Facial

Cleanse, tone, moisturize and exfoliate with products from Brazil that penetrate to the base layer of your skin and see immediate results in skin tone. "Healthy Glow like the Brazilians" suited to all skin types. Hypo-Allergenic and Dermatologically tested water based products.

R 180 – 20 mins

Reflexology 'Hand or Foot Massage'

Based on the principles that there are reflex points in the hands and feet which represent every organ in the body. If any organ or muscle becomes dis-eased the corresponding reflex point in the hands or feet will be congested. By proper stimulation of the reflex points in the hands or feet, the congestion is relieved, improving circulation (blood supply and flow) and a general sense of well being.

R 180 – 30 mins

Shiatsu – Back, Neck & Shoulder Massage 'De-stress & Restore'

Finger pressure massage increase stamina, relieves stress, fatigue, headaches, lower back and a host of common ailments.

R 480 – 1 hour 30 mins





Marathon Full Body Massage – Soothing Moist Heat Treatment Included

King of the Day Package: Deep cleanse, Mani, Pedi & Full Body Twin Massage

Queen of the Day Package: Mani, Pedi, Whitening Facial & Full Body Twin Massage

R1 500 each – 3 hours

You can enjoy all treatments in the comfort and privacy of your home. Come on, spoil yourself with the healthy alternative. Positive stress is good but we need to de-stress negative stress! Pamper your whole body at a fraction of the normal price.

*Children 13 years and younger pay **R300** on all treatments. **R250** call out fee due to the constant increase in petrol prices (will vary from time to time). We come to you... Anytime, any place, wherever and whenever.*

